

## M E M O R A N D U M

To: Brittany Pointe Estates Residents

From: Terry Alburger  
Resident Service Director – Brittany Pointe Estates

Re: New Fitness Instructor– Brittany Pointe Estates

Date: September 29, 2015

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It is with great pleasure that I announce the arrival of your new Fitness Instructor at Brittany Pointe Estates. Chrissy Lakjer will be joining our Brittany family on Monday, October 12, 2015.

Chrissy started working for ACTS in May of 2015 as the Fitness Instructor of both Fort Washington and Gwynedd Estates. In this role, she coordinated the fitness and wellness program of both communities, working with the residents of Independent Living, OakBridge Terrace and WillowBrooke Court. She has always proven herself capable, knowledgeable and passionate about fitness.

I look forward to working with Chrissy and I can assure you that the high standards of fitness you enjoy here will continue and thrive. She will be a welcomed addition to Brittany Pointe.

Chrissy resides in Lansdale, PA with her husband Dave, her five cats and her greyhound. She looks forward to a shorter commute and to sharing with you her fitness expertise.

I ask that you join me in welcoming her and congratulate her on this new and exciting position.